

## Making the Best of Your Allergy Testing

We look forward to seeing you for your allergy testing at Colorado ENT & Allergy! Board Certified Allergists will oversee the administration and interpretation of your skin testing.

We have given you a few responsibilities to ensure that your visit goes as smoothly as possible and that all of your questions and concerns are addressed.

- Bring the enclosed paperwork with you to your appointment. **Please make sure everything is filled out prior to your appointment.**
- Allow **1-2 hours** for your appointment. We advise parents not to bring other children because of the amount of time involved. If the appointment is for your child, try to bring only that child if possible.
- **DO NOT TAKE ANY ANTIHISTAMINES OR OTHER MEDICATIONS THAT MIGHT INTERFERE WITH SKIN TESTING FOR 7 (Seven) DAYS PRIOR TO THE TESTING.** Please **refer to additional sheet** listing other medications that interfere with skin testing. If you are not sure whether or not you are taking an antihistamine, or if you think you cannot stop taking your antihistamines, please call our office prior to your appointment. Our Nurse's line is (719) 867-7814.
- **Do Not** stop any asthma inhalers without speaking to your prescribing physician or provider. These typically do not interfere with skin testing.
- **Obtain a referral from your primary care physician** if required by your insurance company. Please bring your insurance card and a copy of your referral to your appointment. **If we do not have your referral before you are seen, you may be held responsible for payment of the visit.**
- Co-pays are required at the time of your visit.
- It will help to be familiar with your policy and know what it does and does not cover in regards to allergy testing and allergy serum and injections. Please call your insurance company for this information.
- **Please bring any lab results, previous skin test results and pertinent old records with you for your visit.**
- **Please give us at least 24 hours notice for cancellations.**