

Below is a list of medications which you should **not take 1 week** prior to your allergy testing appointment as they will interfere with skin test results:

**PLEASE DO NOT STOP ANY ASTHMA INHALERS BEFORE YOUR VISIT**

This does not represent an all-inclusive list, but reflects the most common medicines. **Holding of antidepressants, anti-anxiety, or other psychiatric medicines always needs authorization by the prescribing physician.**

Actifed	Haldol (Haloperidol)	Tripeleennamine (PBZ)
Adapin (Doxepin)	Histussin	Trinalin
Alavert (All Types)	Hydroxyzine (Atarax, Rezine, Vistaril)	Tylenol Allergy, Cold & Flu Products
Allegra (Fexofenadine) - All Types	Imipramine (Tofranil)	Tussionex
Amitriptyline (Elavil)	Levocetirizine (Xyzal)	Zantac (Ranitidine)
Anafranil (Clomipramine)	Loratadine	Zicam
Antihistamines (ALL)	Mirtazapine (Remeron)	Zonalon (Doxepin)
Antivert (Meclizine)	Meclizine (Antivert)	Zyrtec
Astelin or Astepro	Nizatidine (Axid)	Xyzal (Levocetirizine)
Astemizole (Hismanal) - 6weeks	Norpramin (Desipramine)	
Atarax (Hydroxyzine)	Nortriptyline (Pamelor, Avantly)	<u>Sleep Aids:</u>
Atrohist	Novafed	Tylenol PM
Aventyl (Nortriptyline)	Nyquil	Aleve PM
Axid (Nizatidine)	Optimine (Azatadine)	Excedrin PM
Azelastine	Omade (Chlorpheniramine)	Any medication that causes drowsiness
Benadryl (Diphenhydramine)	Pamelor (Nortriptyline)	
Brompheniramine (Bromfen)	Patanase	<u>Eye Drops: (1-2 days off)</u>
Cetirizine (Zyrtec)	Pediacare	Bepreve
Chlorpheniramine (Ornade)	Periactin (Cyproheptadine)	Elestat
Chlorpromazine (Thorazine)	Pepcid (Famotidine)	Optivar (azelastine)
Chlortrimaton (Chlorpheniramine)	Phenergan (Promethazine)	Pataday/Patanol/Pazeo
Cimitidine (Tagamet)	Polyhistine	Zaditor
Claritin (Loratadine)	Prochlorperazine (Compazine)	
Clarinx (Desloratidine)	Protriptyline (Vivactil)	<u>Topical Medications:</u>
Clemastine (Tavist)	Ranitidine (Zantac)	Bactine
Clomipramine (Anafranil)	Remeron (Mirtazapine)	Cortaid
Compazine (Phenothiazine)	Robitussin	Dermolate
Cyproheptadine (Periactin)	Rondec	Hydrocortisone
D'Allergy	Rynatan	
Deconamine	Seldane (Terfenadine)	<u>Herbs:</u>
Desloratadine (Clarinx)	Semprex	Astragalus
Dimetapp	Sinequan (Doxepin)	Milk Thistle
Diphenhydramine (Benadryl)	Surmontil (Trimipramine)	Green Tea
Desipramine (Norpramin)	Tagamet (Cimitidine)	Saw Palmetto
Doxepin (Adapin, Sinequan, Zonalon)	Tavist (Clemastine)	St. John's Wart
Dramamine	Terfenadine (Seldane)	Feverfew
Dristan	Thorazine (Chlorpromazine)	Allerplex
Drixoral	Tofranil (Imipramine)	
Elavil (Amitriptyline)	Triaminic	
Famotidine (Pepcid)	Trimipramine	
Fexofenadine (Allegra) - All Types		10/18 etc

Please call (719) 867-7814 with any questions regarding medications to speak with a nurse.